

Simple steps on how to use a Denture Adhesive



1
PLACE A SMALL AMOUNT
OF DENTURE ADHESIVE

Once a day: Place a small amount of denture adhesive onto a clean and dry denture



2
PUT DENTURE BACK
INTO YOUR MOUTH

Put the denture into your mouth and close firmly for a few seconds



3
LEAVE YOUR DENTURES
OUT AT NIGHT

Every evening, clean the denture and the inside of your mouth thoroughly to remove any adhesive



4
VISIT YOUR
DENTIST REGULARLY

Ensures your mouth remains healthy

An easy routine to help aid your denture experience

Practice stamp: